

WHAT'S ON NOVEMBER 2019

Full details: www.castlehilltrust.org.uk

REGULAR ACTIVITIES			
Monday			
Job Seekers	9.30-10.30am	Drop in; free	
Painting & Drawing (Beginners)	1-3pm	Drop in; £2.50	
Sharpen Your Drawing Skills	6-8pm	Adult Education*	
Tuesday			
Improvers' Spanish	10 -12am	Adult Education*	
Sunset Yoga (Beginners-intermediate)	6-7pm 7-8pm	Contact Vicky on Facebook @vitalityyogaandwellbeing	
Wednesday			
Job Seekers	9.30-10.30am	Drop in; free	
Discover Maryport through Art	1-3pm	Adult Education*	
Thursday			
Yoga	10-11.30am	07931 481026 for details	
Sewing Bee	7-9pm	Drop in; £2.50	
Friday			
Ceramics	10am-12pm	Book in advance, call in for more information	
Craft & Chat	1-3pm	Drop in; £2	
Youth Group	7-9pm	Drop in; free	
SPECIAL EVENTS			
Friday 1st	Food Pantry	11am-12pm	Drop in, free
Saturday 2 nd	Games Night	6-9pm	Drop in, £2
Saturday 9th	The Ragged-Trousered Philanthropists – a one-man Edwardian magic show by Neil Gore, based on the book, including conjuring tricks and music.	Doors open 6.30pm for 7pm start	£10 in advance, £5 on the door to CA15 residents Bring a bottle See website or FB for more information
Saturday 16 th & Sunday 17 th	Art Exhibition – Members of the Senhouse Art Group present a selection of work they have produced in 2019. Some works for sale.	10am – 4pm	Admission free (Donations to the Settlement encouraged) Refreshments £2

*For more details on Adult Education classes, contact allerdaleclas@cumbria.gov.uk 01900 706023

Watch out December's Author Talk which features award-winning Alan Cleaver on a Christmas topic.